

Community Institute for Psychotherapy

1330 Lincoln Ave #201, San Rafael, CA 94901-2141

Phone (415) 459-5999 x450

www.cipmarin.org



Re-Emerging: Finding Fulfillment After Isolation

So many of us have had a rough couple of years dealing with the isolation of quarantine. Join us in a collaborative and supportive environment where we will be:

- Learning to navigate and reengage in social situations
- Managing risk and fear with new COVID variants
- Navigating dynamics with at-risk family and friends
- Regaining health and confidence

When: Monday, 6:15 – 7:45 pm

Cost: \$20 - \$40 Sliding Scale

Where: 1330 Lincoln Ave #201
San Rafael

Led By: Spencer Carlson, Clinical
Counselor Trainee

Under the supervision of:

Dylan Kersh, LMFT

License # LMFT 107259



Please call: (415) 459-5999 x450

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CIP is a nonprofit agency, serving Marin County for over 40 years.

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