



Dear Prospective Associate Marriage and Family Therapist, Marriage and Family Therapist Trainee, or PsyD Practicum Trainee:

Community Institute for Psychotherapy (CIP) in Marin County is pleased to announce that applications will be accepted starting in February for our 2019-2020 Internship and Training Program beginning in September.

CIP offers rigorous clinical internships for graduate students in psychology, social work, and counseling. Each year, we have a total of 22 to 24 interns pursuing their PhD, PsyD, LMFT, LPCC or LCSW degrees. Our training and supervision provides exceptional opportunities for individuals interested in working in a community-based environment with a diverse population and a wide range of issues. Our program is psychodynamically based, incorporating trainings from Object Relations, Jungian, Attachment, Mastersonian, Control Mastery, Self Psychology, Kleinian, and British Middle School points of view. In addition, interns receive training and experience with short-term treatment modalities, family systems, and mindfulness. We promote service as a means to reinforce positive values and to help build strong, resilient families, schools, and communities. We offer a flexible work environment that honors cultural differences and promotes an atmosphere of continuous learning.

CIP is a community mental health training facility. About 45 supervisors and 45 trainers dedicate their time to train and mentor interns to be tomorrow's licensed therapists. We believe that a thorough grounding in theoretical and psychotherapeutic techniques beyond the basic graduate school curriculum is necessary to prepare interns for private practice careers.

Just as important to the development of a psychotherapist is personal development. At CIP we provide a holding space for interns to attend to the external and intrapsychic issues that face developing therapists. Feelings of anxiety, uncertainty and eagerness to gain competence in treating individuals and families are common experiences for interns; at CIP we make it a priority to create a warm and supportive environment where interns can grow both intellectually and emotionally.

Many of our past graduates and licensed therapists have expressed gratitude for the warmth, care and professionalism that core staff, supervisors and trainers provided.

Currently, we are able to pay our third year interns, once registered and credentialed \$18 per hour for all billable client hours. In addition, we offer paid contract work once an intern is licensed. We hope we will be able to offer for our second year interns in the near future.

The enclosed materials provide additional information, including program outline, summary of services, and sample training topics.

To apply, please submit the following:

1. Current Curriculum Vitae
2. Three letters of reference
3. Brief personal statement describing your motivation for training in our program.

Please submit your materials by email to admin@cipmarin.org (please send PDF or Word documents only). If you are unable to send them via email please fax to (415) 459-5602 or mail to the above address.

If you have further questions, please contact us at (415) 459-5999 ext. 101.

Sincerely,

Robin Joy Berenson, PhD, LMFT
Executive/Clinical Director

Lisa Dobias, LMFT
Assistant Clinical Director

Brooke Barnett, PsyD
Assistant Clinical Director

Leah Seidler, LCSW
Assistant Clinical Director



**Associate Marriage and Family Therapists, Marriage and Family Therapist Trainees, or PsyD
Practicum Trainees (average 24 hours)**
*Clinical Internship & Psychodynamically Informed Psychotherapy
Intensive Training Program (Track A)*

CIP offers rigorous clinical internships for graduate students in psychology, social work, and counseling. Each year, we have a total of 22 to 24 students pursuing their PhD, PsyD, LMFT, LPCC or LCSW. Our training and supervision provides exceptional opportunities for individuals interested in working in a community-based environment with a diverse population and a wide range of issues. Our program is psychodynamically based, incorporating trainings from Object Relations, Jungian, Attachment, Mastersonian, Control Mastery, Self Psychology, Kleinian, and British Middle School points of view. In addition, interns receive training and experience with short-term treatment modalities, family systems and mindfulness. We promote service as a means to reinforce positive values and to help build strong, resilient families, schools, and communities. We offer a flexible work environment that honors cultural differences and promotes an atmosphere of continuous learning.

CIP's program for interns is geared for individuals interested in learning to conduct long-term psychodynamically informed psychotherapy. The essentials of psychotherapy will be taught through experiential and didactic learning. Individual supervision, group supervision, and seminars form the core of the program. Together these focus on deepening students' theoretical understanding of case material and translating that understanding into practical, effective interventions with clients. Intensive examination of each case is utilized to facilitate in-depth understanding of the work. Self-exploration and peer feedback are highly valued. Audio taping is used in the supervision process.

The training year is September 1 through August 31 with 4 weeks for vacation (one of those is the week between Christmas and New Years). We require that individuals make a **two-year** commitment. (Please see Track B materials.)

Community Institute for Psychotherapy (CIP) is a nonprofit, tax exempt agency founded in 1977 to provide high quality, low-cost mental health services for individuals and families who don't have the resources to pay full fees for professional help. CIP offers a broad range of counseling services designed to meet a variety of needs. At CIP we believe that through psychotherapy, training, education, and prevention, we play a vital role in personal and global change. We believe that the healing of the individual and the healing of the planet are inseparable.



**Associate Marriage and Family Therapists, Marriage and Family Therapist Trainees, or PsyD
Practicum Trainees (average 24 hours)
*Clinical Internship & Psychodynamically Informed Psychotherapy
Intensive Training Program (Track A)***

Students are expected to hold a caseload of eight clients per week plus an outreach. In addition, we strongly recommend that each intern be in weekly individual psychotherapy with a licensed practitioner.

The weekly schedule consists of:

Clinical Work

Client hours - onsite	5 - 8 hours	(5 if in Schools Program)
Outreach program	3 - 7 hours	
(Group Therapy, Downtown Streets Team, Helen Vine, Senior Access, Juvenile Hall, Schools Program, Wisdom Warriors)		

Supervision

Ongoing Individual Supervision	2 hours	TBD
Group Supervision	2 hours	Wed. 8:45 – 10:45 AM
Outreach Program Supervision	0 - 2 hours	TBD
Special Meetings/Support Groups	0 - 1 hour	Wed 11:45 AM -12:45 PM

Training

Clinical Training (September – May)	2 hours	Fri. 9:00 – 11:00 AM
Clinical Training (September – May)	2 hours	Fri. 11:30 AM – 1:30 PM

Paperwork/Administration

Business Meeting (September – May)	0-.5 hour	Wed. 10:45 – 11:30 AM
Clinical Paperwork	2 hours	
Agency Tasks	2 hours	

TOTAL Average 23 - 30.5 hours

Optional Psychiatric Emergency Services (PES) Rotations (16 hours during the year)
Optional Specialty Training Couples & Eating Disorders (1.5 hours 2 times per month)

Applications are currently being accepted for the upcoming Internship Year September – August. Interviewing will begin February.

To apply, please submit the following:

1. Current Curriculum Vitae
2. Three letters of reference
3. Brief personal statement describing your motivation for training in our program

Please email your application to: admin@cipmarin.org. For further information please visit the Internship page on our website at www.cipmarin.org. Please feel free to call (415) 459-5999, ext. 101.

Sample Training Topics

INTENSIVE TRAINING TRACK A

Getting Started: Beginnings of Psychotherapy
Establishing a Therapeutic Alliance
Working with Client Generated Ruptures
Developing a Case Formulation
Legal/Ethical Issues
Crisis Intervention
Money Issues/Fee Setting
Transference/Countertransference
Working with Depression
Psychoanalytic Diagnosis
DSM IV: Diagnostic Assessment and Diagnostic Dilemmas
Substance Abuse: Assessment and Treatment
Family Systems
Cognitive Behavioral Therapy
Parent/Child Psychotherapy
Working with Adolescents
Working with Parents
Working with Couples
Adolescents and Substance Abuse
Codependence & Family Issues
ADHD – Sensitivity to and when to refer
Gay/Lesbian/Transgender Issues
Multicultural Issues
Psychopharmacology
Working with Character Disorders
Shame
Spiritual/Religious Assessment
Working with Trauma/PTSD
Internal Family Systems
Dream Assessment and Working with Dreams
Guidelines for Working with Chronic Pain Patients
Working with Developmentally Disabled Clients
Sandplay Work