



Dear Prospective BAPIC Practicum Student:

Community Institute for Psychotherapy (CIP) in Marin County is pleased to announce that applications are being accepted now for our 2018-2019 Internship and Training Program beginning in September.

CIP offers rigorous clinical internships for graduate students in psychology, social work, and counseling. Each year, we have a total of 22 to 24 interns pursuing their PhD, PsyD, LMFT, LPCC or LCSW degrees. Our training and supervision provides exceptional opportunities for individuals interested in working in a community-based environment with a diverse population and a wide range of issues. Our program is psychodynamically based, incorporating trainings from Object Relations, Jungian, Attachment, Mastersonian, Control Mastery, Self Psychology, Kleinian, and British Middle School points of view. In addition, interns receive training and experience with short-term treatment modalities, family systems, and mindfulness. We promote service as a means to reinforce positive values and to help build strong, resilient families, schools, and communities. We offer a flexible work environment that honors cultural differences and promotes an atmosphere of continuous learning.

CIP is a community mental health training facility. About 45 supervisors and 45 trainers dedicate their time to train and mentor interns to be tomorrow's licensed therapists. We believe that a thorough grounding in theoretical and psychotherapeutic techniques beyond the basic graduate school curriculum is necessary to prepare interns for private practice careers.

Just as important to the development of a psychotherapist is personal development. At CIP we provide a holding space for interns to attend to the external and intrapsychic issues that face developing therapists. Feelings of anxiety, uncertainty and eagerness to gain competence in treating individuals and families are common experiences for interns; at CIP we make it a priority to create a warm and supportive environment where interns can grow both intellectually and emotionally.

Many interns and licensed therapists who have come through our program have expressed gratitude for the warmth, care and professionalism that core staff, supervisors and trainers provided.

The enclosed materials provide additional information, including program outline, summary of services, and sample training topics.

To apply, please submit the following:

1. Current Curriculum Vitae
2. Three letters of reference
3. Brief personal statement describing your motivation for training in our program.

Please submit your materials by email to [admin@cipmarin.org](mailto:admin@cipmarin.org) (please send PDF or Word documents only). If you are unable to send them via email please fax to (415) 459-5602 or mail to the above address. If you have further questions, please contact us at (415) 459-5999 ext. 101.

Sincerely,

Robin Joy Berenson, PhD, LMFT  
Executive/Clinical Director

Lisa Dobias, LMFT  
Assistant Clinical Director

Brooke Barnett, PsyD  
Assistant Clinical Director

Leah Seidler, LCSW  
Assistant Clinical Director



**BAPIC Practicum Student (16-20 hours)**  
***Clinical Internship & Psychodynamically Informed Psychotherapy***  
***Intensive Training Program (Track A)***

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CIP's program for Practicum Interns is geared for individuals interested in learning to conduct long-term psychodynamically informed psychotherapy. The essentials of psychotherapy will be taught through experiential and didactic learning. Individual supervision, group supervision, and seminars form the core of the program. Together these focus on deepening Interns' theoretical understanding of case material and translating that understanding into practical, effective interventions with clients. Intensive examination of each case is utilized to facilitate in-depth understanding of the work. Self-exploration and peer feedback are highly valued. Audio taping is used in the supervision process.

The training year is September 1 through August 31 with 4 weeks for vacation (one of those is the week between Christmas and New Years). We require that individuals make a **two-year** commitment.

Community Institute for Psychotherapy (CIP) is a nonprofit, tax exempt agency founded in 1977 to provide high quality, low-cost mental health services for individuals and families who don't have the resources to pay full fees for professional help. CIP offers a broad range of counseling services designed to meet a variety of needs. At CIP we believe that through psychotherapy, training, education, and prevention, we play a vital role in personal and global change. We believe that the healing of the individual and the healing of the planet are inseparable.



**BAPIC Practicum Student (20 hours)**  
***Clinical Internship & Psychodynamically Informed Psychotherapy***  
***Intensive Training Program (Track A)***

Intern-Therapists are expected to hold a caseload of 8 clients per week plus an outreach. In addition, we strongly recommend that each Intern be in weekly individual psychotherapy with a licensed practitioner.

The weekly schedule consists of:

**Clinical Work**

Client hours - onsite 6 - 8 hours

**Supervision**

Ongoing Individual Supervision 1 hour  
Group Supervision 2 hours Wed. 8:45 – 10:45 AM  
Special Meetings/Support Groups 0 - 1 hour Wed 11:45 AM -12:45 PM

**Training**

Clinical Training (September – May) 2 hours Fri. 9:00 – 11:00 AM  
Clinical Training (September – May) 2 hours Fri. 11:30 AM – 1:30 PM

**Paperwork/Administration**

Business Meeting (September – May) 0-.5 hour Wed. 10:45 – 11:30 AM  
Clinical Paperwork 2 hours  
Agency Tasks 2 hours

**TOTAL average 20 hours**

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***Please email your application to: [admin@cipmarin.org](mailto:admin@cipmarin.org). For further information please visit the Internship page on our website at [www.cipmarin.org](http://www.cipmarin.org). Please feel free to call (415) 459-5999, ext. 101.***