



Dear Prospective BAPIC Practicum Student:

Community Institute for Psychotherapy (CIP) in Marin County is pleased to announce that applications are being accepted now for our 2016 Internship and Training Program beginning in September.

CIP offers rigorous clinical internships for graduate students in psychology, social work, and counseling. Each year, we have a total of 22 to 24 interns (pursuing their PhD, PsyD, LMFT, LPCC or LCSW degrees). Our training and supervision provides exceptional opportunities for individuals interested in working in a community-based environment with a diverse population and a wide range of issues. Our program is psychodynamically based, incorporating trainings from Object Relations, Jungian, Attachment, Mastersonian, Control Mastery, Self Psychology, Kleinian, and British Middle School points of view. In addition, interns receive training and experience with short-term treatment modalities, family systems, and mindfulness. We promote service as a means to reinforce positive values and to help build strong, resilient families, schools, and communities. We offer a flexible work environment that honors cultural differences and promotes an atmosphere of continuous learning.

The enclosed materials provide additional information, including program outline, summary of services, and sample training topics.

To apply, please submit the following:

1. Current Curriculum Vitae
2. Three letters of reference
3. Brief personal statement describing your motivation for training in our program.

Please submit your materials by email to admin@cipmarin.org (please send PDF or Word documents only). If you are unable to send them via email please fax to (415) 459-5602 or mail to the above address.

If you have further questions, please contact us at (415) 459-5999 ext. 101.

Sincerely,

Robin Joy Berenson, PhD, LMFT
Executive/Clinical Director

Robbin Rockett, PsyD
Assistant Clinical Director

Paula Sitelman, PsyD
Director of Doctoral Studies

Alex Thomas, LMFT
Assistant Clinical Director



BAPIC Practicum Student (16-20 hours)
Clinical Internship & Psychodynamically Informed Psychotherapy
Intensive Training Program (Track A)

CIP offers rigorous clinical internships for graduate students in psychology, social work, and counseling. Each year, we have a total of 22 to 24 interns (pursuing their PhD, PsyD, MFT, or LCSW). Our training and supervision provides exceptional opportunities for individuals interested in working in a community-based environment with a diverse population and a wide range of issues. Our program is psychodynamically based, incorporating trainings from Object Relations, Jungian, Attachment, Mastersonian, Control Mastery, Self Psychology, Kleinian, and British Middle School points of view. In addition, interns receive training and experience with short-term treatment modalities, family systems and mindfulness. We promote service as a means to reinforce positive values and to help build strong, resilient families, schools, and communities. We offer a flexible work environment that honors cultural differences and promotes an atmosphere of continuous learning.

CIP's program for Practicum Interns is geared for individuals interested in learning to conduct long-term psychodynamically informed psychotherapy. The essentials of psychotherapy will be taught through experiential and didactic learning. Individual supervision, group supervision, and seminars form the core of the program. Together these focus on deepening Interns' theoretical understanding of case material and translating that understanding into practical, effective interventions with clients. Intensive examination of each case is utilized to facilitate in-depth understanding of the work. Self-exploration and peer feedback are highly valued. Audio taping is used in the supervision process.

The training year is September 1 through August 31 with 4 weeks for vacation (one of those is the week between Christmas and New Years). We require that individuals make a **two-year** commitment.

Community Institute for Psychotherapy (CIP) is a nonprofit, tax exempt agency founded in 1977 to provide high quality, low-cost mental health services for individuals and families who don't have the resources to pay full fees for professional help. CIP offers a broad range of counseling services designed to meet a variety of needs. At CIP we believe that through psychotherapy, training, education, and prevention, we play a vital role in personal and global change. We believe that the healing of the individual and the healing of the planet are inseparable.



BAPIC Practicum Student (16-20 hours)
Clinical Internship & Psychodynamically Informed Psychotherapy
Intensive Training Program (Track A)

Intern-Therapists are expected to hold a caseload of 8 clients per week plus an outreach. In addition, we strongly recommend that each Intern be in weekly individual psychotherapy with a licensed practitioner.

The weekly schedule consists of:

Clinical Work

Client hours - onsite 6 hours

Supervision

Ongoing Individual Supervision 1 hour
Group Supervision 2 hours Wed. 8:45 – 10:45 AM
Special Meetings/Support Groups 0 - 1 hour Wed 11:45 AM -12:45 PM

Training

Clinical Training (September – May) 2 hours Fri. 9:00 – 11:00 AM
Clinical Training (September – May) 2 hours Fri. 11:30 AM – 1:30 PM

Paperwork/Administration

Business Meeting (September – May) 0-.5 hour Wed. 10:45 – 11:30 AM
Clinical Paperwork 2 hours
Agency Tasks 2 hours

TOTAL

18.5 hours
(14.5 hours during the summer)

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Please email your application to: admin@cipmarin.org. For further information please visit the Internship page on our website at www.cipmarin.org. Please feel free to call (415) 459-5999, ext. 101.



Sample Training Topics

INTENSIVE TRAINING TRACK A

Getting Started: Beginnings of Psychotherapy
Establishing a Therapeutic Alliance
Working with Client Generated Ruptures
Developing a Case Formulation
Legal/Ethical Issues
Crisis Intervention
Money Issues/Fee Setting
Transference/Countertransference
Working with Depression
Psychoanalytic Diagnosis
DSM IV: Diagnostic Assessment and Diagnostic Dilemmas
Substance Abuse: Assessment and Treatment
Family Systems
Cognitive Behavioral Therapy
Parent/Child Psychotherapy
Working with Adolescents
Working with Parents
Working with Couples
Adolescents and Substance Abuse
Codependence & Family Issues
ADHD – Sensitivity to and when to refer
Gay/Lesbian/Transgender Issues
Multicultural Issues
Psychopharmacology
Working with Character Disorders
Shame
Spiritual/Religious Assessment
Working with Trauma/PTSD
Internal Family Systems
Dream Assessment and Working with Dreams
Guidelines for Working with Chronic Pain Patients
Working with Developmentally Disabled Clients
Sandplay Work