

## COMMUNITY INSTITUTE FOR PSYCHOTHERAPY

### **Pre-Doctoral Interns (average 24 hours/week)** ***Half Time Clinical Internship &*** ***Psychodynamically Informed Psychotherapy*** ***Intensive Training Program (Track B)***

CIP offers rigorous clinical internships for graduate students in psychology, social work, and counseling. Each year, we have a total of 22 to 24 interns (pursuing their PhD, PsyD, MFT, or LCSW). Our training and supervision provides exceptional opportunities for individuals interested in working in a community-based environment with a diverse population and a wide range of issues. Our program is psychodynamically based, incorporating trainings from Object Relations, Jungian, Attachment, Mastersonian, Control Mastery, Self Psychology, Kleinian, and British Middle School points of view. In addition, interns receive training and experience with short term treatment modalities, family systems, and mindfulness. We promote service as a means to reinforce positive values and to help build strong, resilient families, schools, and communities. We offer a flexible work environment that honors cultural differences and promotes an atmosphere of continuous learning.

CIP's program for Pre-Doctoral Interns is geared for individuals interested in learning to conduct long-term psychodynamically informed psychotherapy. The essentials of psychotherapy will be taught through experiential and didactic learning. Individual supervision, group supervision, and seminars form the core of the program. Together these focus on deepening Interns' theoretical understanding of case material and translating that understanding into practical, effective interventions with clients. Intensive examination of each case is utilized to facilitate in-depth understanding of the work. Self-exploration and peer feedback are highly valued. Audio taping is used in the supervision process.

The training year is September 1 through August 31 with 4 weeks for vacation. We require that individuals make a two-year commitment.

Community Institute for Psychotherapy (CIP) is a nonprofit, tax exempt agency founded in 1977 to provide high quality, low-fee mental health services for individuals and families who don't have the resources to pay full fees for professional help. CIP offers a broad range of counseling services designed to meet a variety of needs. At CIP we believe that through psychotherapy, training, education, and prevention, we play a vital role in personal and global change. We believe that the healing of the individual and the healing of the planet are inseparable.

**Pre-Doctoral Interns (average 24 hours/week)**  
***Half Time Clinical Internship &***  
***Psychodynamically Informed Psychotherapy***  
***Intensive Training Program (Track B)***

CIP offers a two-year, part-time pre-doc internship to applicants from schools affiliated with CAPIC who possess a solid, basic understanding of the primary concepts of psychodynamic theory. Individual supervision, group supervision, and advance seminars form the core of the program. All work focuses on deepening the intern's theoretical understanding of case material and translating that understanding into practical, effective interventions with clients. Because of the nature of the work, we require that individuals be able to make a two-year (half-time) commitment and strongly recommend each intern be in personal psychotherapy with a licensed psychodynamically oriented clinician. Intern-therapists are expected to build up to a caseload of 10 clients in Track B.

The weekly schedule consists of:

**Clinical Work**

Client hours on site (slow build process)	10 hours (less if in the schools or Ritter)
Psychological Testing	0-1/2 hr.
Outreach program	varies depending on program (0-7)
(Canal Alliance, Group Therapy, Helen Vine, Ritter Center, Schools Program, Senior Access)	

**Supervision**

Ongoing Individual Supervision	2 hour
Group Supervision	2 hours Wed. 9:00 – 11:00 AM
Outreach Program Supervision	0 – 2 hours (some Sept.-May)
Special Meetings/Support Groups	1 Hour (Sept.-May) Wed. 11:45-12:45

**Training**

Clinical Training (September – May)	2 hours	Fri. 9:00 – 11:00 AM
Clinical Training (September – May)	2 hours	Wed. 2:00 – 4:00 PM

**Paperwork/Administration**

Business Meeting (September – May)	.5 hour	Wed. 11:00 – 11:30 AM
Clinical Paperwork	2 hours	
Agency Tasks	2 hour	

**TOTAL** **average 24 hours/week**

Optional Psychiatric Emergency Services (PES) Rotations (16 hours during the summer)

Applications are currently being accepted for the upcoming Internship Year September – August.  
CIP Participates in CAPIC Uniform Notification Day.

There is no fee or stipend for this internship.

Applications must include:

- 1) CAPIC Application Form
- 2) Letter of Intent
- 3) Current Vitae
- 4) Three Letters of Reference
- 5) CAPIC Eligibility and Readiness Form  
(Available online at: <http://www.capic.net/downloads/pdf/UnifAppl.PDF>)

Please submit your materials via the CAPIC website.

***For further information, please feel free to call (415) 459-5999, ext. 465.***