



Dear Prospective LMFT, LPCC or LCSW Intern, Trainee or PsyD Practicum:

Community Institute for Psychotherapy (CIP) in Marin County is pleased to announce that applications will be accepted beginning in November for our Internship and Training Program.

CIP offers rigorous clinical internships for graduate students in psychology, social work, and counseling. Each year, we have a total of 22 to 24 interns (pursuing their PhD, PsyD, LMFT, LPCC or LCSW degrees). Our training and supervision provides exceptional opportunities for individuals interested in working in a community-based environment with a diverse population and a wide range of issues. Our program is psychodynamically based, incorporating trainings from Object Relations, Jungian, Attachment, Mastersonian, Control Mastery, Self Psychology, Kleinian, and British Middle School points of view. In addition, interns receive training and experience with short-term treatment modalities, family systems, and mindfulness. We promote service as a means to reinforce positive values and to help build strong, resilient families, schools, and communities. We offer a flexible work environment that honors cultural differences and promotes an atmosphere of continuous learning.

The enclosed materials provide additional information, including program outline, summary of services, and sample training topics.

To apply, please submit the following:

1. Current Curriculum Vitae
2. Three letters of reference
3. Brief personal statement describing your motivation for training in our program.

Please submit your materials by email to [admin@cipmarin.org](mailto:admin@cipmarin.org) (please send PDF or Word documents only). If you are unable to send them via email please fax to (415) 459-5602 or mail to the above address.

If you have further questions, please contact us at (415) 459-5999 ext. 101.

Sincerely,

Robin Joy Berenson, PhD, LMFT  
Executive/Clinical Director

Robbin Rockett, PsyD  
Assistant Clinical Director

Paula Sitelman, PsyD  
Director of Doctoral Studies

Alex Thomas, LMFT  
Assistant Clinical Director



**LMFT, LPCC, LCSW Interns (average 24 hours)**  
***Clinical Internship & Psychodynamically Informed Psychotherapy***  
***Intensive Training Program (Track A)***

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CIP's program for Practicum Interns is geared for individuals interested in learning to conduct long-term psychodynamically informed psychotherapy. The essentials of psychotherapy will be taught through experiential and didactic learning. Individual supervision, group supervision, and seminars form the core of the program. Together these focus on deepening Interns' theoretical understanding of case material and translating that understanding into practical, effective interventions with clients. Intensive examination of each case is utilized to facilitate in-depth understanding of the work. Self-exploration and peer feedback are highly valued. Audio taping is used in the supervision process.

The training year is September 1 through August 31 with 4 weeks for vacation (one of those is the week between Christmas and New Years). We require that individuals make a **two-year** commitment. (Please see MFT Intern Track B materials.)

Community Institute for Psychotherapy (CIP) is a nonprofit, tax exempt agency founded in 1977 to provide high quality, low-cost mental health services for individuals and families who don't have the resources to pay full fees for professional help. CIP offers a broad range of counseling services designed to meet a variety of needs. At CIP we believe that through psychotherapy, training, education, and prevention, we play a vital role in personal and global change. We believe that the healing of the individual and the healing of the planet are inseparable.



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Intern-Therapists are expected to hold a caseload of 8 clients per week plus an outreach. In addition, we strongly recommend that each Intern be in weekly individual psychotherapy with a licensed practitioner.

The weekly schedule consists of:

**Clinical Work**

Client hours - onsite	8 hours	
Outreach program (Group Therapy, Helen Vine, Schools Program, Downtown Streets Team, California Re-Entry)	3 - 7 hours	

**Supervision**

Ongoing Individual Supervision	2 hour	
Group Supervision	2 hours	Wed. 8:45 – 10:45 AM
Outreach Program Supervision	0 - 2 hours	
Special Meetings/Support Groups	0 - 1 hour	Wed 11:45 AM -12:45 PM

**Training**

Clinical Training (September – May)	2 hours	Fri. 9:00 – 11:00 AM
Clinical Training (September – May)	2 hours	Fri. 11:30 AM – 1:30 PM

**Paperwork/Administration**

Business Meeting (September – May)	0-.5 hour	Wed. 10:45 – 11:30 AM
Clinical Paperwork	2 hours	
Agency Tasks	2 hour	

**TOTAL** **Max. 23 - 33.5 hours**

Optional Psychiatric Emergency Services (PES) Rotations (16 hours during the year)  
Optional Specialty Training Couples & Eating Disorders (1.5 hours 2 times per month)

Applications are currently being accepted for the upcoming Internship Year September – August. Interviewing will begin February.

To apply, please submit the following:

1. Current Curriculum Vitae
2. Three letters of reference
3. Brief personal statement describing your motivation for training in our program

**Please email your application to: [admin@cipmarin.org](mailto:admin@cipmarin.org). For further information please visit the Internship page on our website at [www.cipmarin.org](http://www.cipmarin.org). Please feel free to call (415) 459-5999, ext. 101.**



## **Sample Training Topics**

### **INTENSIVE TRAINING TRACK A**

Getting Started: Beginnings of Psychotherapy  
Establishing a Therapeutic Alliance  
Working with Client Generated Ruptures  
Developing a Case Formulation  
Legal/Ethical Issues  
Crisis Intervention  
Money Issues/Fee Setting  
Transference/Countertransference  
Working with Depression  
Psychoanalytic Diagnosis  
DSM IV: Diagnostic Assessment and Diagnostic Dilemmas  
Substance Abuse: Assessment and Treatment  
Family Systems  
Cognitive Behavioral Therapy  
Parent/Child Psychotherapy  
Working with Adolescents  
Working with Parents  
Working with Couples  
Adolescents and Substance Abuse  
Codependence & Family Issues  
ADHD – Sensitivity to and when to refer  
Gay/Lesbian/Transgender Issues  
Multicultural Issues  
Psychopharmacology  
Working with Character Disorders  
Shame  
Spiritual/Religious Assessment  
Working with Trauma/PTSD  
Internal Family Systems  
Dream Assessment and Working with Dreams  
Guidelines for Working with Chronic Pain Patients  
Working with Developmentally Disabled Clients  
Sandplay Work